

THE MISSION STATEMENT OF THE LUTHERAN SCHOOL OF SAINT LUKE

“To connect children, families and our community to Christ in a nurturing environment focused on academic excellence.”

August 23, 2023

Dear Parents of 3rd through 8th Grade Parents

Our Cross-Country Season will kick off on **Tuesday, September 5th** where we will meet the team, practice, and go over the schedule. We have made it possible to participate in Cross Country and Volleyball if students choose to participate in both sports. The team will be practicing twice a week on Tuesdays and Thursdays from 3:15-4:15PM. The practice dates are located on the schedule attached. If a student is participating in volleyball and there is a game then they will attend the game instead of practice. We will participate in two meets at Walther Academy. The dates are Tuesday, September 12th and Wednesday, October 4th for 5th thru 8th graders. We are looking into a HOME Meet for the 3rd thru 8th graders like we did last year.

Mr. Scott Francis has volunteered to be our Head Cross-Country Coach. He will be attending all practices and meets. He comes from an extensive background of running and is looking forward to coaching again this year. I, Mrs. Jennifer Ebert, am the Athletic Director and will be at school daily should you have any questions that need to be answered. You can reach me at jebert@saintlukeitasca.org.

All participants will be charged a \$25 participation fee. Sports participants are **required** to have a Sports Physical on file in the office. Please arrange for one to be done as soon as possible if not on file already. If you have any questions regarding this please email Mrs. Ebert

Players are transported to meets by parent drivers. If you intend to transport players not in your immediate family, please submit a copy of your driver’s license and proof of insurance to Mrs. Ebert to be given to the school office. Please look over the schedule and email Mrs. Ebert at jebert@saintlukeitasca.org with any days you are willing to drive. Please also inform me of any dates where your child will miss a game or practice. I will then set up a schedule with children and their assigned drivers for each away game. Please also feel free to email me if you have any questions.

In His Name

Mrs. Jennifer Ebert

Lutheran Church and School of Saint Luke -Athletic Director

Yes, _____ (student’s name) will be running on the Saint Luke Cross Country team for the 2023 -2024 season.

I understand that they will need a current physical on file in the school office, as well as pay the \$25 participation fee by **September 5th**.

Parent’s Signature: _____ Date: _____